

# STOP MOBBIING

## Against mobbing and violence at school



**"If we are to reach real peace in the world, we shall have to begin with the children."**

**Mahatma Gandhi**

One of the most common forms of violence in schools is mobbing.

Students are bullied when they are deliberately and repeatedly harassed and ostracized by classmates over a longer period. Mostly they are powerless to these hostilities and cannot defend themselves alone. Mobbing is rarely executed in an obvious way and mostly discretely. Affected students suffer every day. Out of shame or fear of further violent acts they don't tell anyone how desperate they feel.

Many students recognise the mobbing process within their classroom. Although they are mostly not actively involved and feel uncomfortable about the situation, they rarely mention it because they are too afraid of attacks. Therefore, they do not dare help the victims or make adults aware of this type of violence. As a consequence, the "mobbing" classmates hardly face any consequences. The cohesion of the class community is disappearing rapidly, the class and learning environment is getting worse.

## Who are we?

⇒ We are a group of mediators, who intervene within classes within the context of the SCRIPT-project.

## Our project

- ⇒ gives students space and time to deal with mobbing,
- ⇒ reveals their possibilities for action to defend themselves against mobbing,
- ⇒ promotes their sense of values, such as justice, respect, solidarity and tolerance,
- ⇒ aims to strengthen their sense of responsibility and moral courage,
- ⇒ provides opportunities, to clarify conflict situations in a fair manner, and thus to protect the victims,
- ⇒ shows students that the adults are there to help the class community.



LE GOUVERNEMENT  
DU GRAND-DUCHÉ DE LUXEMBOURG  
Ministère de l'Éducation nationale,  
de l'Enfance et de la Jeunesse

Service de coordination de la recherche  
et de l'innovation pédagogiques  
et technologiques

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## What do we do?

- ⇒ We inform students and adults about the topics of mobbing and conflict resolution.
- ⇒ We accompany classes in mobbing situations.
- ⇒ We focus on understanding, trust and integration.
- ⇒ We promote understanding and conciliation.
- ⇒ We avoid recriminations.
- ⇒ We encourage students to take part in fair solutions to the mobbing situation.

## Who do we support?

- ⇒ Students, who wish for support in mobbing situations.
- ⇒ Classes where the community is suffering from mobbing.
- ⇒ Teachers and educational staff in need of information for mobbing cases.
- ⇒ Parents who feel that their children no longer feel comfortable in class.
- ⇒ Regional directors and head of schools who are committed to the wellbeing of their students.
- ⇒ Staff of the "ESEB" and the CePAS - SePAS, who are interested in collaborating.

## How do we work?

### Phase 1:

- ⇒ Liaising with the child/teenager concerned and his/her parents
- ⇒ Contacting teachers - SePAS
- ⇒ Informing the regional director - the head of school - the SePAS

### Phase 2:

- ⇒ Class/group intervention
  - Analysis and reflection of the situation
  - Search for solutions and concrete agreements
  - Presentation of the solution steps
  - Implementation of the solution steps

### Phase 3:

- ⇒ After two to four weeks
  - Review with the child/teenager concerned and his/her parents
  - Review/update with the class
  - Review/update the teaching staff - the SePAS
  - Feedback to the regional director - the head of school - the SePAS

## How to reach us?

- ⇒ Ministère de l'Education nationale, de l'Enfance et de la Jeunesse - SCRIPT
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